

Prepare with Pedro!

HOME FIRE 



Hi! I'm Pedro!
I'm learning how
to prepare for
emergencies.



Prepare means “get ready.”

You get ready for things all the time — like when you put on a jacket and grab an umbrella to get ready for a rainy day.

I want to be ready for any emergency, so I'm learning how to help stay safe when emergencies happen.



You can prepare
for emergencies, too!
Just follow me!



Pedro heard a loud sound at his friend Mia's house.

“What’s making that **BEEP-BEEP-BEEP** sound?” he asked.

“It’s the sound a smoke alarm makes,” said Mia. “We just tested ours and practiced our escape plan. Let me show you!”

Important words to know:

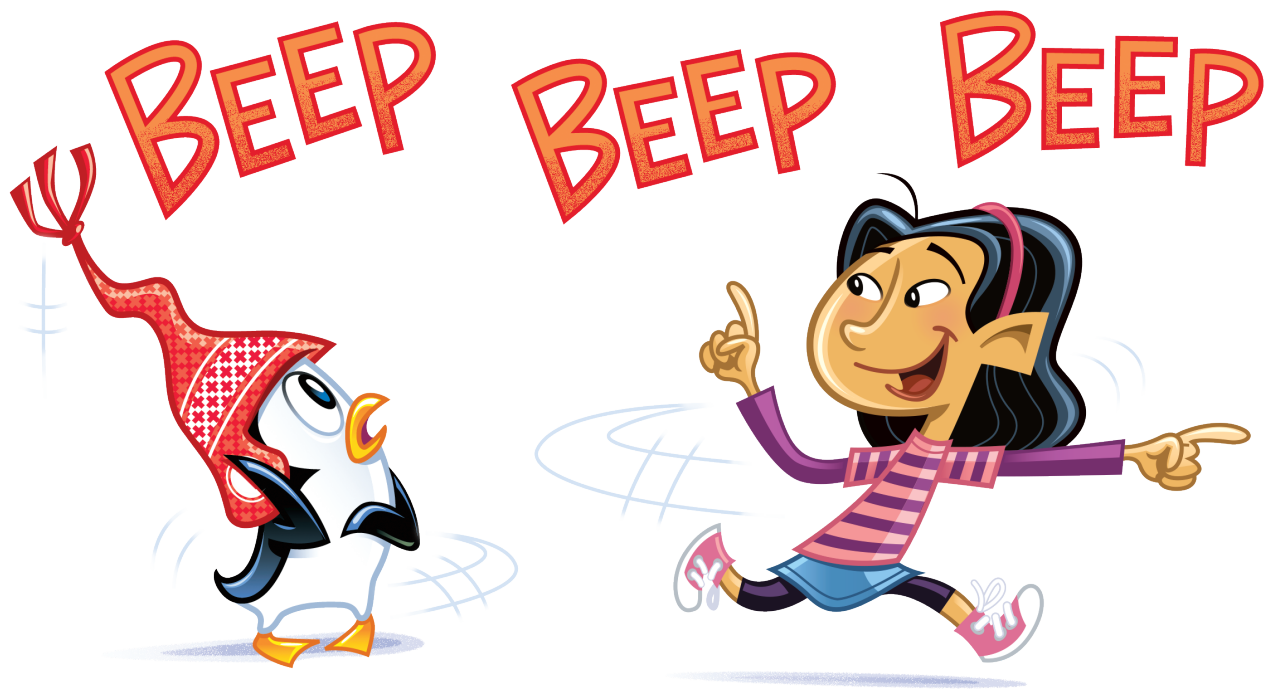
**BEEP-BEEP-BEEP, SMOKE ALARMS, ESCAPE PLAN, GET LOW AND GO,
MEETING PLACE, GET OUT AND STAY OUT**



“My mom tests our smoke alarms once a month and we practice our escape plan twice a year!”

“Why?” asked Pedro.

“To **BE PREPARED!**” said Mia. “**SMOKE ALARMS** warn us when there’s a fire and practicing our **ESCAPE PLAN** helps us be sure we can get outside quickly. Let’s practice together!”



“When a smoke alarm goes BEEP-BEEP-BEEP, we need to **TAKE ACTION** and get outside in less than 2 minutes.”



“We **GET LOW AND GO**, especially if we see smoke, so we’re close to the floor, where the air is cleaner.”



“Once we get outside, we go to our **MEETING PLACE**, which is a spot a safe distance from the home that everyone knows to meet at,” said Mia, “and most importantly, we **GET OUT AND STAY OUT**, we never go back into a burning home!”

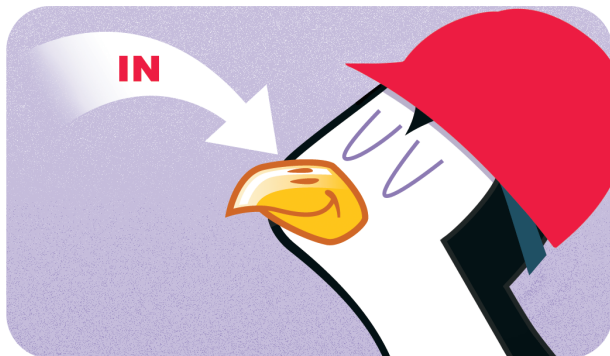
“Thanks, Mia,” said Pedro.

“I’m glad I learned what to do in case of a home fire. Now I know how to help stay safe!”

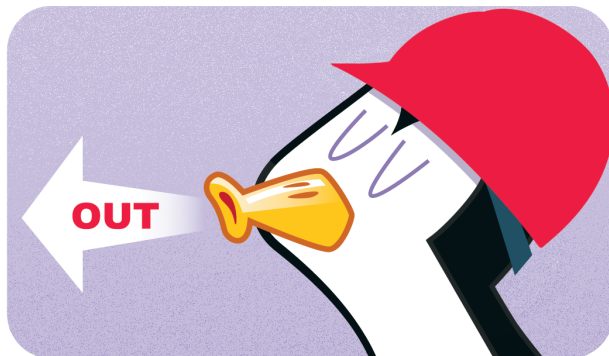
Chill Out with Pedro!



Wow!
Practicing for emergencies is exciting. But it makes me feel nervous, too. So I take big, slow breaths to calm down.



Breathe in slowly through your nose, like me.



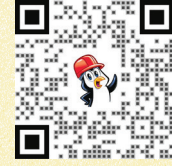
Then breathe out slowly through your mouth.

After just five or six breaths, I feel better and start to relax. Try it yourself and see!



Dear Grown-ups,

We hope that your child has enjoyed learning how to prepare for an emergency! To learn more, please visit: [redcross.org/youthprep](https://www.redcross.org/youthprep) and [ready.gov/kids](https://www.ready.gov/kids).



Pedro's Safety Checklist

- Make a household emergency plan that everyone understands.
- Make a household emergency supplies kit and keep it updated.
- Start saving for an emergency fund.

Did you know that there are nearly 350,000 home fires each year in the United States? That's nearly 1,000 each and every day!

- Practice your home fire escape plan — be sure you can get outside in 2 minutes!
- Test all smoke alarms once a month.



**American
Red Cross**



FEMA