



# 5 LINES OF SERVICE

Looking for more volunteer opportunities? The Red Cross has opportunities across its 5 lines of service! Find the perfect role for you and click [here](#) to learn more about each aspect of our work.

## DISASTER CYCLE SERVICES

Interested in helping individuals or families affected by natural disasters? Want to help spread awareness and educate others on disaster prevention and preparedness? Here are some ways you can get involved:

- Learn more about [Disaster Relief](#).
- Sign up to be a [disaster volunteer](#).
- Follow the [Preparedness Activity Guides](#) and learn more about [Preparedness Programs](#).



## BIOMEDICAL SERVICES

Every 2 seconds, someone in the US needs lifesaving blood. Looking to help address this critical need? Here's how you can help save lives and collect donations:

- Review the [eligibility requirements](#) and learn how to [give blood](#) at a local center.
- Greet and register donors as a [Blood Donor Ambassador](#).
- [Host a blood drive](#) at your school or community center.



## INTERNATIONAL SERVICES

Each year, crises devastate millions of people around the globe. Want to make an impact in our international work? Here's what you can do to help:

- Learn more about [International Services](#).
- Participate in [Vaccinate a Village](#), a fundraising [Measles & Rubella Initiative](#).
- Host [Taste of Diversity](#), a fundraising event with a delicious meal.



## TRAINING SERVICES

Want to learn lifesaving skills and emergency preparedness techniques? Here are some ways you can get started:

- Sign up for CPR, AED, First Aid and many more classes [here](#).
- [Connect](#) with your local Region to see how they can support you.
- Work on becoming [Red Cross Ready](#) with this [Ready Relay](#) activity.



## SERVICE TO THE ARMED FORCES

Want to help service members, veterans and their families? Here are some opportunities to support those in the Armed Forces:

- Understand [International Humanitarian Law](#) through [Raid Cross](#), a role-playing simulation.
- Create a [Youth Action Campaign](#) about International Humanitarian Law.
- Make [holiday cards](#) for veterans, throw them a [birthday party](#), or connect with your region to support local veterans.



*Interested in more activity ideas?*

Check out all of our [activity guides](#), join [Crash Course Calls](#), or sign up for [office hours](#) for more support!

*Questions?*

Email us at [YouthInvolvement@redcross.org](mailto:YouthInvolvement@redcross.org)